



Downtown
Morehead City Inc.
www.downtownmoreheadcity.com

Downtown Morehead City, Inc. Safety Guidelines The Do's & Don'ts of Adopt-a-Block

DO

- ✓ Prioritize safety – wear gloves, thick soled, closed toe shoes, long pants and long-sleeved shirts
- ✓ Wear safety vests and/or bright colors to be visible to traffic
- ✓ Wear sunscreen and bug repellent
- ✓ Wear protective head and eye gear if needed (hats & sunglasses)
- ✓ Be aware of your surroundings and any potential hazards – especially traffic, tree branches, harmful insects, sharp objects, etc.
- ✓ Work in teams of at least two to three people
- ✓ Keep hand sanitizer and/or antibacterial wipes on hand while picking up litter and be sure to wash your hands with warm water and antibacterial soap after the cleanup
- ✓ Take occasional breaks, especially if it is hot!
- ✓ Stay hydrated
- ✓ Take photos and/or videos to share
- ✓ Have fun and take pride in your community!

DON'T

- ✗ Pick up hazardous materials such as sharp objects (broken glass, hypodermic needles), old car batteries, dead animals, or other questionable items
- ✗ Get too close to oncoming traffic
- ✗ Conduct your cleanup during inclement weather
- ✗ Allow small children to participate without constant adult supervision
- ✗ Overstuff garbage bags
- ✗ Attempt to move large or heavy objects without help
- ✗ Overexert yourself physically